

BI-POLAR & OTHER MOOD DISORDERS - Bi-PD, etc.

DSM-IV TR Criteria: 296.xx - Bi-Polar Disorder

<http://behavenet.com/capsules/disorders/bipdis.htm>

Manic depressive or Bipolar Mood Disorder is characterized by dramatic "mood swings" or episodes of Mania, Hypomania, or Major Depression. There are numerous subtypes (see below). Also, there is a childhood version known as Early Onset Juvenile Bipolar Disorder, which although it follows the current criteria for diagnosing the adult version, is a decidedly different condition. The focus here is primarily the childhood version.

DSM-IV TR Criteria: Bipolar I (296.00); Bipolar II (296.89); Bipolar NOS (296.80); Major Depressive Disorder (296.20); Mood Disorder NOS (296.90). The DSM IV diagnostic code number mentioned here is for the general topic as there are many "subtypes" of each of these. For the specifics see: www.behavenet.com.

PRINT RESOURCES - Books, Magazines, Newspaper Articles

Anglada, Tracy D. *Intense Minds: Through the Eyes of Young People with Bipolar Disorder*. Trafford Publishing, New Bern, NC. 2006.

Anglada, Tracy D. & Deirdre Baxendale. *Turbo Max: A Story for Siblings and Friends of Children with Bipolar Disorder*. BPChildren, Murdock, FL. 2008. 32p. Ages 9-12.

These books by Ms. Anglada are showcased here as there is little written **for** children about the various neuro-bio conditions. Other books by her are:

The Childhood Bipolar Disorder Answer Book

Intense Minds: Understanding Young People with Bipolar Disorder

Brandon and the Bipolar Bear: A Story for Children With Bipolar Disorder

Turbo Max: A Story for Siblings and Friends of Children With Bipolar Disorder

The Student With Bipolar Disorder An Educator's Guide

Aubry, Jean-Michel, Francois Ferrero, Nicolas Schaad and Mark Bauer.

Pharmacotherapy of Bipolar Disorders. John Wiley & Sons, England. 2007.

Evans, Dwight M.D. and Linda Wasmer Andrews. *If Your Adolescent Has Bi-Polar Disorder: An Essential Resource for Parents*. Oxford University Press, The

Annenberg Foundation Trust. (Adolescent Mental Health Initiative). 2005. One in a series on adolescent disorders. Others are on Schizophrenia, Eating Disorders and Anxiety. A very-straight forward, informative resource on Bi-PD appropriate for both professionals and lay persons alike.

Findling, Robert L. and Robert A Kowatch, and Robert M. Post. *Pediatric Bipolar Disorder: A Handbook for Clinicians*. Taylor & Francis, London. 2003.

- Pediatric Bipolar Disorder: A Handbook for Clinicians by Robert L. Findling, Robert A Kowatch, and Robert M. Post
- Geller, Barbara and Melissa P. Delbello. *Bipolar Disorder in Childhood and Early Adolescence*. Guilford Press, NY. 2003.
- Greenberg, Rosalie. *Bipolar Kids: Helping Your Child Find Calm in the Mood Storm*. Da Capo Press, Cambridge, MA. 2007.
- Hebert, Bryna. *Anger Mountain*. Self-published. 2005. For kids, 20 pages.
- Hebert, Bryna. *My Bipolar, Roller Coaster, Feelings Book*. Trafford Publishing, New Bern, NC. 2005. Another book for kids, 24 pages.
- Hunter, David and Phyllis Livingston. *Youth With Bipolar Disorder: Achieving Stability (Helping Youth With Mental, Physical, & Social Disabilities)*. Mason Crest Publishers, Broomall, PA. 2007
- Kotulak, Ronald (of Chicago Tribune). *Explosive rage not as rare as once thought*. The Seattle Times, June 6, 2006.
- Lombardo, Gregory T., M.D. *Understanding the Mind of Your Bipolar Child: The Complete Guide to the Development, Treatment, and Parenting of Children with Bipolar Disorder*. St. Martin's Press, NY. 2006.
- Lynn, George T. *Survival Strategies for Parenting Children with Bipolar Disorder: Innovative Parenting and Counseling Techniques for Helping Children with Bipolar Disorder and the Conditions that May Occur with It*. Jessica Kingsley Publishers, London. 2000.
- McLaughlin, Kate. *Mommy I'm Still in Here: Raising Children with Bipolar Disorder*. Behler Publications, Lake Forest, CA. 2008.
- Miklowitz, David J., Ph.D. *Bipolar Disorder: A Family-Focused Treatment Approach*. Guilford press, NY. 2008
- Oliwenstein, Lori. *Psychology Today, Here to Help; Taming Bipolar Disorder*. Penguin Group, Inc., New Yorl. 2004.
- Papalous, Demitri M.D. and Janice. *The Bi-Polar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder*. Random House, NY. 2002 .
The quintessential, must have book for anyone involved with Childhood Bi-Polar Disorder whether professional, parent, teacher or other interested party.
- Waltz, Mitzi. *Adult Bipolar Disorders; Understanding Your Diagnosis & Getting Help*. O'Reilly & Associates, Inc., Sebastopol, CA. 2002

INTERNET RESOURCES

American Psychiatric Foundation - Psychiatry on Line: ajp.psychiatryonline.org Site for various psychiatric journals. American Psychiatric Publishing & American Psychiatric Assoc.

Bipolar Disorder in Children and Adolescents - James Chandler, MD.
www.klis.com/chandler/pamphlet/bipolar/bipolarpamphlet.htm

BPChildren. <http://www.bpchildren.org>. Founded in 2001 by Tracy Anglada, author of several books on Childhood Bi-Polar Disorder. Her son is bipolar, which prompted her to write about the condition and to have this website.

Charney, Dennis S. & Husseini K. Manji. *Life Stress, Genes, and Depression: Multiple Pathways Lead to Increased Risk and New Opportunities for Intervention*. Science Signaling 23 March 2004. Science's Stke: www.stke.sciencemag.org.

Child & Adolescent Bipolar Foundation - www.bpkids.org
1000 Skokie Blvd., Suite 425 Wilmette, IL 60091 cabf@bpkids.org
847-256-8525 Fax: 847-920-9498
Article: "About Pediatric Bipolar Disorder: What Is It?" (9 pages; printable)
http://www.bpkids.org/site/PageServer?pagename=lrn_about

Coghlan, Andy. *Bipolar Children - Is the US over diagnosing?* NewScientist.com news service. May 16, 2007.

Depression and Bipolar Support Alliance - www.dbsalliance.org
730 N. Franklin Street, Suite 501, Chicago, Illinois 60610-7224
800-826-3632 312-642-0049 fax: 312-642-7243

Earles, Garry L., M.S.W., L.I.C.S.W., *Bridging The Chasm*: www.garryearles.com
Franklin County, MA 413-863-4128 gle@efurnace.net

Healthier You: Ask the Mental Health Expert - www.healthieryou.com/mhexpert
Search various topics such as Bipolar Disorder, Bipolar Ultra Rapid Cycling, Cyclothymic Disorder and Intermittent Explosive Disorder.

Health MSN: *Bipolar Disorder in Children*.
<http://health.msn.com/health-topics/articlepage.aspx?cp-documentid=100164005>
For links to pertinent articles, see:
<http://health.msn.com/searchresults.aspx?q=bipolar%20disorder%20in%20children&type=0&sort=relevance>

Hitti, Miranda. *New Treatment Guidelines for Bipolar Children*. WebMD Medical News.
www.webmd.com/content/article/101/106071.htm. Feb. 24, 2005.

Hitti, Miranda. *Study: Millions May Have Rage Disorder: Up to 16 Million U.S. Adults May Have Ever Had "Intermittent Explosive Disorder."* WebMD Health Medical News. www.webmd.com/news/20060605/study-millions-may-have-rage-disorder. June 5, 2006.

Hoffman, Kevin. *Intermittent Explosive Disorder*. HealthMSN - health.msn.com
www.health.msn.com/menshealth/articlepage.aspx?cp-documentid=100162480.

Juvenile Bipolar Research Foundation. www.jbrf.org. *Frequently Asked Questions About Early-Onset Bipolar Disorder*. www.jbrf.org/juv_bipolar/faq.html

Neuroscience for Kids: Explore the Brain and Spinal Cord - See section on Neurological and Mental Disorders. www.faculty.washington.edu/chudler/introb.htm

National Institute for Mental Health (NIMH) - *Child & Adolescent Bipolar Disorder: AN Update from NIMH*. Publication #00-4778, August 2000.

NIMH (Sponsor) - *Severe Mood & Behavioral Dysregulation in Children: Pathophysiology & Treatment with Lithium*. Clinical Trials - clinicaltrials.gov. Identifier: NCT00025935

NIMH. *Bipolar Youth Show Distinct Pattern of Brain Development*. August 28, 2007.

NIMH. *Extreme Irritability: Is It Childhood Bipolar Disorder?* February 1, 2007.

National Resource Center on ADHD. <http://help4adhd.org>. *Pediatric Bipolar Disorder*. <http://www.help4adhd.org/en/treatment/coexisting/pedbipolar>
Excellent site for information to distinguish Pediatric Bipolar from ADHD.

Pariante, Carmine M. *Depression, stress and the adrenal axis*. British Society for Neuroendocrinology: www.neuroendo.org.uk.
www.neuroendo.org.uk/content/view/31/11/

Phillips, Jennifer A. *"Tracking down the Footprints of Bipolar Disorder."* 2005. ProQuest/CSA: <http://www.csa.com/discoveryguides/bipolar/overview.php>.

Psych Central - News articles on: *Pediatric Bipolar or Severe Mood Disorder*, February 2, 2007 and *Bipolar Difficult to Diagnose in Kids*, April 27, 2007. There are numerous other articles on juvenile/pediatric bipolar disorder on this site.

Psychology Today. *Intermittent Explosive Disorder*. Reviewed: October 24, 2005. <http://www.psychologytoday.com/conditions/explosive.html>
For a list of conditions see: www.psychologytoday.com/conditions

UHS Neurobehavioral Systems, Austin, TX: www.ragebehavior.com/index.html
Good discussion of rage behavior and corollary brain systems (i.e. Limbic).
See Fall - 2004 Newsletter: Fisher, Larry, Ph.D. *Child-Onset Bipolar Disorder: An Executive Summary*.

Wikipedia. Internet encyclopedia with user generated input. Search on various topics such as: Bipolar Disorder, depression. .

JOURNALS

Beauregard, Mario, et. al. *Dysfunction in the neural circuitry of emotional self-regulation in major depressive disorder*. Learning & Memory, 2006;17(8), 843-846.

Carlson, Gabrielle A., M.D. *Who Are the Children with Severe Mood Dysregulation, a.k.a. "Rages?"* Editorial. Amer. J. Of Psychiatry: 164:8, August 2007. 1140-1142.

Carson, Nicholas, M.D. *Treating Explosive Kids: The Collaborative Problem-Solving Approach*. J. Amer. Acad. of Child & Ado. Psychiatry. 45 (9), September 2006, 1142-1143.

Gold, Philip W., et. al. *Commentary: New Insights Into the Role of Cortisol and the Glucocorticoid Receptor in Severe Depression*. Society of Bio. Psychiatry, 2002.

Goldstein, Tina R., Ph.D., et. al. *Dialectical Behavior Therapy for Adolescents With Bipolar Disorder: A 1-year Open Trial*. J. Amer. Acad. Child & Ado. Psychiatry; 46(7), July 2007.

Gauzilykal, Jayaprakash A. *Aggression, rage and dyscontrol in neurological diseases of children*. J. Of Pediatric Neurology. 1(1), 2003, 9-14.

Kessler, Ronald C., Ph.D., et. al. *The Prevalence and Correlates of DSM-IV Intermittent Explosive Disorder in the National Comorbidity Survey Replication*. Archives of Gen. Psychiatry, 2006; 63(6), 669-678.

Kowatch, Robert A., M.D., et. al. *Treatment Guidelines for Children and Adolescents With Bipolar Disorder*. J. Amer. Acad. of Child & Adolescent Psychiatry. V.44 (3), March 2005. 213-235.

Kyte, Zoe A., Gabrielle A. Carlson & Ian. M. Goodyear. *Clinical and neuropsychological characteristics of child and adolescent bipolar disorder*. Psychological Medicine, 2006, 36, 1197-1211. First published online March 28, 2006.

- Leibenluft, Ellen, M.D., et. al. *Defining Clinical Phenotypes of Juvenile Mania*. *Am. J. Of Psychiatry*, 160:3, March 2003. 430-437.
- Leibenluft, Ellen, M.D., et. al. *Researching the Pathophysiology of Pediatric Bipolar Disorder*. *Biological Psychiatry*, 2003;53:1009-1020.
- McClellan, Jon M., M.D. and John D. Hamilton, M.D. *An Evidence-Based Approach to an Adolescent With Emotional and Behavioral Dysregulation*. *J. Amer. Acad. of Child & Ado. Psychiatry*. 45 (4), April 2006, 489-493.
- Mrazek, David A., M.D. & Jean M. Agathen, Ph.D. *Psychiatric Disturbances in Children of Parents with Bipolar Disorder*. *J. of Psychiatric Practice*, v.8 (4), July 2002. 196-204.
- Rich, Brendan A., et. al. *Different Psychophysiological and Behavioral Responses Elicited by Frustration in Pediatric Bipolar Disorder and Severe Mood Dysregulation*. *Amer. J. of Psychiatry*. FEB 2007, v.164(2)309-317.
- Staton, Dennis, Ph.D., M.D., et. al. *Defining Subtypes of Childhood Bipolar Illness*. *J. Amer. Acad. of Child & Adolescent Psychiatry*, v.43(1), JAN 2004, 2-10. Letter to the Editor with response and commentary by various individuals.